

GDS

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|---|-----|----|
| 1. Are you basically satisfied with your life?  | Yes | No |
| 2. Have you dropped many of your activities and interests?                              | Yes | No |
| 3. Do you feel that your life is empty?   | Yes | No |
| 4. Do you often get bored?  | Yes | No |
| 5. Are you in good spirits most of the time?  | Yes | No |
| 6. Are you afraid that something bad is going to happen to you?                         | Yes | No |
| 7. Do you feel happy most of the time?  | Yes | No |
| 8. Do you feel helpless?  | Yes | No |
| 9. Do you prefer to stay home alone in your room, rather than go out and do new things? | Yes | No |
| 10. Do you feel that you have more problems with memory than most?                      | Yes | No |
| 11. Do you think it is wonderful to be alive now?                                       | Yes | No |
| 12. Do you feel pretty worthless the way you are now?                                   | Yes | No |
| 13. Do you feel full of energy?   | Yes | No |
| 14. Do you feel that your situation is hopeless?  | Yes | No |
| 15. Do you think that most people are better off than you are?                          | Yes | No |

## Sentence Completions

I see myself \_\_\_\_\_

I need \_\_\_\_\_

My being older \_\_\_\_\_

I feel \_\_\_\_\_

The future \_\_\_\_\_

I dislike most \_\_\_\_\_

I often think about my life now \_\_\_\_\_

My greatest wish \_\_\_\_\_